



Registered charity: 1055646

Board of Trustees

- Mr. Chaim J Grunnfeld MSc Psych (Chair)

Qualified Psychotherapist bringing his considerable qualifications to the help the charity achieve its goals in improving mental health.

- Mrs. Haile Zola MSc MPhil (Trustee)

Mrs. Haile Zola MSc MPhil is a PhD candidate in Political Science at the London School of Economics. Her research looks at how welfare systems can better respond to the needs of local communities. She also teaches at the university and is involved in local health projects with Healthwatch Hackney.

- Mr. Avraham Grossman (Treasurer)

A qualified bookkeeper and life coach, oversees finances for a local charity and contributes his talents towards the financial management of Chizuk.

- Mrs Mascha Rothbart (Trustee)

Brings expertise in financial management from the property sector and works as a mentor for mothers of young teenagers.

- Mr Aharon Yitzchok Royde (Trustee)

Aharon oversees charitable activities, fundraising, networking and inspirational events, for a local charity.

Administrator

- Mrs Miriam Grunnfeld (Administrator) – a certified infant sleep consultant and mother of 3, Miriam is passionate about bringing people together, and oversees the networking and outreach arm of Chizuk